



Healy Resonance Edition

Find the frequencies that support you most at any given time.

The Healy is a smart and versatile high-tech device designed to harmonize your Bioenergetic Field and to empower people to live a healthier life full of balance, coherence, confidence, and comfort by the use of Microcurrent Frequencies.

Healy World created this Edition to help you find your way and unleash your inner potential as an individual.

The Healy Resonance Edition offers you almost 100 frequency programs meant to serve you as the fitting answer to your personal demands, while taking into account a meaningful distribution and inter-connectivity among their specific areas of application.

RESONANCE EDITION CONTENTS

- 98 Frequency Programs
- 12 Program Groups
- Combines deep spiritual knowledge with performance-driven applications
- Conducts Information Field Analyses to find the right frequency programs you resonate with most¹

HEALY DEVICE BENEFITS

- Developed by scientists, engineers and medical experts
- Compact, lightweight and travel-friendly
- Patented high-tech device
- Easy-to-use with the Healy App

Discover the Highlights

With the Healy Resonance Edition, unlock the benefits of new programs in addition to what was offered in the Gold and Holistic Editions.

Chakras

Program Group

Immerse yourself with the millennial-long and spiritual teaching of chakras

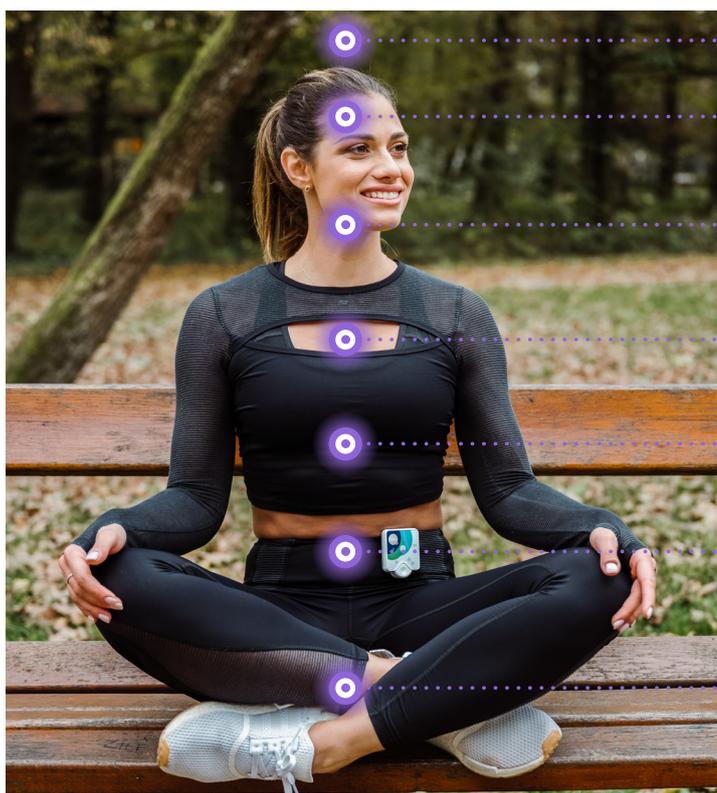
The chakra system is thousands of years old and is considered as the oldest system for the development of the holistic mankind. What once began in ancient India can be found in many cultures all over the world, applied in various techniques of energy and body work such as Yoga, Tai Chi and Ayurveda.

The Healy Individualized Microcurrent Frequency (IMF)² chakra programs are designed to bioenergetically harmonize these seven central energy centers and bring them back into their natural balance.

DID YOU KNOW?

- The chakras serve as mediators to the physical body and the subtle body (the aura).
- There are seven main chakras, characterized by certain functions and colors.
- The main chakras can be physically assigned to the organs and glands with which they are supposed to be connected.

Harmonize the energies of your 7 chakras:



Crown Chakra



Third Eye Chakra



Throat Chakra



Heart Chakra



Solar Plexus Chakra



Sacral Chakra



Root Chakra

The Power of Three Program Group

Good things come in threes

The Power of Three is a set of three Healy IMF program groups. It is based on the ancient system of three natural energetic forces expressed in Bioenergetic Rebalance, Universal Frequencies and the bioenergies of Ayurveda. The programs in each group are designed to support and enhance each other and create a strong bioenergetic synergy if used alternately.



USER TIP!

Use the first of the three programs in a group on Monday, the second one on Wednesday and the third one on Friday to experience the bioenergetic Power of Three for the duration of a 9-week guide.

Bioenergetic Rebalance

The Bioenergetic Rebalance group is particularly designed to be applied at difficult energetic times that may negatively affect or challenge your Bioenergetic Field. One by one, these four programs are designed to harmonize the underlying energetic conflicts, the energetic defense mechanisms and the bioenergetic ambience that constitute a strong energetic foundation.



Conflict Balance



Defensive Support



Friendly Flora



Rebalance

Universal Frequencies

The group of Universal Frequencies combines a selection universal and classical frequencies, as defined by frequency pioneers, designed to harmonize your Bioenergetic Field when it is negatively influenced.



Classical Physical



Classical Energetic



Zapper Protocol

Digital Ayurveda

The group of Digital Ayurveda consists of the three Healy IMF programs Kapha, Pitta and Vata. Applying each of them once a week harmonizes all aspects of the bioenergetic system. You can also choose one or two of them according to your Ayurvedic personality type or a specific bioenergetic imbalance.



Kapha



Pitta



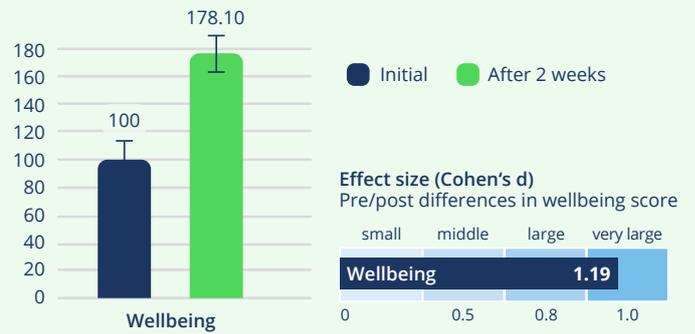
Vata

Healy The Power of Three Study*

Participants showed an average increase of 78% in wellbeing.

The effect size of this study was very large for wellbeing.

* View full study results at:
www.healyworld.net/healy/studies



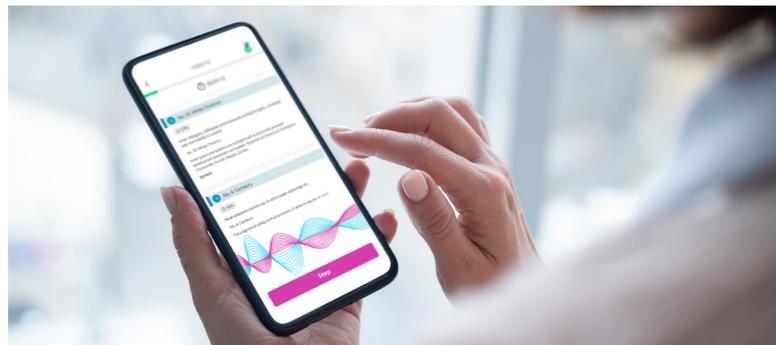
HealAdvisor Analyse Resonance Module

Explore the depths of the Information Field!

The HealAdvisor Analyse Resonance Module allows you to perform an analysis in the Information Field and subsequently use the resulting information to harmonize the Information Field all by a simple finger touch. Thereby, the resonance analysis is designed to serve as advisor that determines and recommends you frequency programs out of various databases that you are currently resonating with most.

The heart of the Resonance Module is the HealAdvisor Cloud in which the common expert knowledge and years of experience of healing practitioners from the most diverse areas of application are compiled in various databases.

Conduct analyses in the following databases to find out with what you do have the greatest resonance at any time.



Databases

- Bach Flower Remedies
- I-Ching
- Courage
- Australian Bush Flowers
- Schuessler Salts
- Alaskan Gem Elixirs
- Creative Information – Psyche

More to explore

Enhance your overall wellbeing with additional frequency programs that round off the Healy Resonance Edition.

Fitness

Program Group

Let's get physical!

Fitness is a good means of balance for physical, mental and emotional wellbeing. The Healy Fitness IMF programs concentrate on the harmonization of the Bioenergetic Field in four essential areas: Muscles, Performance, Weight and Relaxation.

It is always important to feel supported and centered, especially during times of need. The Healy Fitness programs have been developed with this key idea in mind. We strongly believe that a balanced, sustainable and holistic psychophysiological constitution must encompass both the body and the mind.

With today's frequently sedentary lifestyles, regular physical activity in addition to a healthy, balanced diet rich in nutrients and fiber is helpful to maintain a fitness characteristic sense of being balanced and centered within ourselves.



Weight

Harmonize the Bioenergetic Field for your body's energy balance



Strength

Harmonize the Bioenergetic Field of strained muscles



Muscle

Harmonize the Bioenergetic Field of muscles



Stamina

Harmonize the Bioenergetic Field for optimization of the capacity for endurance



Circulation

Harmonize the Bioenergetic Field for demands of exercise



Regeneration

Harmonize the Bioenergetic Field to stimulate vitality



Performance

Harmonize the Bioenergetic Field that supports your desire to excel



Deep Relaxation

Harmonize the Bioenergetic Field to optimize the relaxation phase

Sleep

Program Group

Sleep time is the new self-care

The Healy IMF Sleep applications are designed to harmonize your Bioenergetic Field to prepare for deep and restful sleep after a long or stressful day. Its focus is on quality, not just quantity.



Sleep systemics

Harmonize the Bioenergetic Field for optimizing the sleep phase



Bed Rest

Harmonize the Bioenergetic Field to promote a relaxed mood



Balanced Sleep

Bioenergetic harmonization of the sleep phase



Fine Flow

Bioenergetic activation through supporting the flow in the body



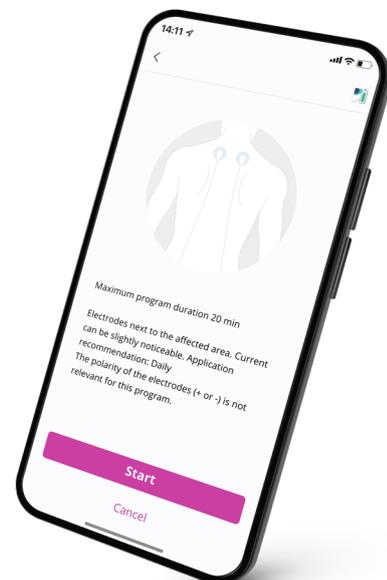
DID YOU KNOW?

- We spend about one-third of our life sleeping.
- Depending on the age and life situation, 4-12 hours of sleep may be required, in one go or spread over the day.
- Sleep is vital; it serves to regenerate the body and process the impressions of the day.
- Disturbed sleep and poor sleep quality can throw us off balance, have a negative emotional effect and even make us sick in the long run.

Local Stimulation

Program Group

The program group of Local Stimulation uses Microcurrent Frequencies in order to support you in addressing local imbalances. Compared to many Healy IMF programs it uses adhesive electrodes to be applied to the desired area.



The Healy Impact in Numbers

Explore the impact the Healy has brought to our community.



2.000+ expert users applied the Healy technology over 10 years



70% of Healy users have shown positive effects after only 6 Healy applications*



50+ million Healy sessions have been conducted around the world



94% of Healy users stated that they would recommend the Healy to others*



300.000 registered members of the Healy World family July 2022



60 people per hour say "Yes!" to a healthier lifestyle and join the Healy World family

* Based on data collected from the Healy World survey



Take Your Wellbeing to the Next Level

Upgrade* to a higher edition at any time and unlock even more programs and modules for your wellbeing!

| | Gold | Holistic | Resonance | Resonance Plus | Professional |
|---|-------------------------|-------------------------|--------------------------|---------------------------|---------------------------|
| Edition Contents | 10 Programs 1 Module | 61 Programs 1 Module | 98 Programs 2 Modules | 124 Programs 4 Modules | 229 Programs 6 Modules |
| <ul style="list-style-type: none"> • Gold Cycle • Bioenergetic Support • Program I • Expert Program Page • HealAdvisor Search Module | ✓ | ✓ | ✓ | ✓ | ✓ |
| <ul style="list-style-type: none"> • Bioenergetic Harmony 1 & 2 • Mental Balance • Meridians 1 & 2 | | ✓ | ✓ | ✓ | ✓ |
| <ul style="list-style-type: none"> • Chakras • Fitness • Local Stimulation • Sleep • The Power of Three • HealAdvisor Analyse Resonance Module | | | ✓ | ✓ | ✓ |
| <ul style="list-style-type: none"> • Deep Cycle • Learning • Skin • HealAdvisor Analyse Aura Module • HealAdvisor Analyse Success Coach Module | | | | ✓ | ✓ |
| <ul style="list-style-type: none"> • Bioenergetic Defense • Job • Beauty • HealAdvisor Digital Nutrition Module • HealAdvisor Bioenergetic Vitalization Module | | | | | ✓ |

YOU ARE
HERE

* No matter which higher edition you upgrade to, you always keep the features of the previous ones.



Holistic Wellbeing at the Touch of a Button

Download the Healy App and HealAdvisor Analyse App to enjoy your new wellbeing experience.



@healyworldofficial



Become Part of Healy World

Help others improve their wellbeing and seize your opportunity to be successful.

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- ¹ Information Field technology is a proprietary technology of Healy World. It is based on the theory that the Information Field is the non-material area through which spirit and matter communicate. It reflects what we consider to be the spiritual meaning of life events. The existence of such a field is discussed in scientific literature. Analysis in the Information Field is designed to search for the information patterns that contribute to the harmonization of the Information Field. For this purpose, a priority is assigned to contents such as descriptive sentences, arranged in lists, by evaluating the data of a physical noise generator. In our users' experience, this priority reflects the relevance for the user. An analysis in the Information Field reflects a combination of factors at the time the analysis is done, including the intention of the user. An analysis at a different time may have a different result due to changes in the environmental variables. The content of the HealAdvisor Analyse app databases and modules is based on the practical experience of the experts who created them. They have not been confirmed by independent studies.
- ² "Individualized Microcurrent Frequencies" ("IMF") is a proprietary technology of Healy World. It uses the data from a physical noise generator to assign a priority to frequencies that professional user experience indicates have the highest relevance for the user. The duration, frequencies, intensity, frequency, naming, and the descriptions of the Individualized Microcurrent Frequency (IMF) programs are based on the practical experience of Nuno Nina and other experts and our understanding of the interaction of frequency modulated microcurrent with the Bioenergetic Field. They have not been confirmed by independent studies. The Healy Individualized Microcurrent Frequency (IMF) programs are designed to support wellbeing through harmonization of the Bioenergetic Field. We have conducted unblinded before/after surveys in controlled and randomized groups of participants. These surveys suggest that the participants' wellbeing was higher after the application. We attribute this to the harmonization of the Bioenergetic Field, which we refer to as the energy flow of life, traditionally also called chi (or qi) and prana. This has not been confirmed by independent studies.

Notice:

The Individualized Microcurrent Frequency (IMF) programs of the Healy device are not medical applications. They are not intended to cure, treat, mitigate, diagnose, or prevent any disease or medical condition. The terms used in the programs do not constitute statements concerning their effects. The purpose of the programs is to provide the user with a tool to explore application options. Healy programs should not be treated as a substitute for professional medical advice, diagnosis or treatment. You should always seek such advice from a qualified medical professional. If you have or suspect you may have a medical condition, or if you are under the care of a healthcare practitioner, you should consult your practitioner before using Healy. Always use your Healy according to the Instructions for Use. The analysis and harmonization in the Information Field is not intended to cure, treat, mitigate, diagnose or prevent any disease or medical condition. It is intended to give the user the option, in a holistic context, to derive helpful information from findings from the Information Field. Each user should determine, based on their own experience, whether the application seems to be helpful to them or not. The terms used in the databases and modules do not constitute statements concerning their effects. Information from the Healy device should always be critically questioned and, if necessary, verified with further procedures. It should not be treated as a substitute for professional medical advice, diagnosis or treatment. You should always seek such advice from a qualified medical professional.

Disclaimer:

Science does not acknowledge the existence of the Information Field, its analysis, harmonization and other importance due to the lack of scientific evidence. Individualized Microcurrent Frequency (IMF) programs of the Healy device are not acknowledged by conventional medicine due to the lack of scientific evidence in the sense of conventional medicine. The information on these pages is for reference and educational purposes only. While Healy World endeavors to keep the information contained in these pages current, no warranty or guarantee concerning the accuracy, suitability, or timeliness of information is made. Healy World is not responsible for any loss or damage resulting from the use of the information provided on these pages. All information is presented on an "as is" basis and responsibility for its interpretation and use lies solely with the user. Use of Healy World products, programs, or information is at the user's own risk and subject to the user's discretion and independent judgment. The Healy World companies specifically disclaim responsibility for user decisions related to the use of Healy World products or services that are outside the scope of the Instructions for Use and company-provided manual.